

San Mateo County TRANSIT DISTRICT



Public Transit Travel Training Request Form

Today's Date _____ **Gender:** Male Female Non-Binary **Age:** _____

Name _____
First name Last name

Address _____
and Street Unit/Apt. # City Zip Code

Phone () _____ () _____ () _____
Home Cell Work

Email Address _____ (Please Print)

- Do you want to learn to ride the bus or the train?** Bus Train Both
- How will learning to ride the bus or train help you improve your mobility and independence?** _____

- Where will you go by using the bus or train?** (Check all that apply)
 Medical/Dental offices Shopping Social activities/outings Visit Family/Friends
 Other _____
- Have you ever ridden a bus or train before?** No Yes How long ago? _____
- List the cities or locations that you'd like to visit using public transit.**
 Doctor/dental office in cities of _____
 Senior Center/Community center in _____
 Shopping store(s) on _____ Street in the cities of _____
 Shopping center(s) _____
 Social Outings around _____
 Visit family and friends in the cities of _____
 Other _____

6. How do you currently get around?

- I drive, but would like to explore other options.
- I depend on others (family/friends/volunteers) to get me to places.
- I don't drive/don't have a car/unable to drive.
- It's difficult for me to get rides. I'm mostly at home, at times feeling isolated.
- Redi-Wheels/RediCoast
- Other _____

7. Is there a bus stop near where you live? Yes No Don't know

Can you walk to the stop? Yes No

8. How long can you comfortably walk or travel before needing a break?

10 minutes 20 minutes 30 minutes Other _____

9. Which of these devices do you use? None

(check all that apply) Cane Walker Wheelchair/scooter Hearing Aid

Service Animal Other (please explain) _____

10. Are there any *Medical, Physical, Emotional* or *other conditions* that we should know for your travel training? _____

11. Who is Your Emergency Contact?

Name

Relationship

Phone # with area code

Please hand the completed form to one of our Mobility Ambassadors, or

Mail the completed form to:

San Mateo County Transit District
 1250 San Carlos Avenue, San Carlos, CA 94070
 Attention: Accessible Services, 3rd Floor – Travel Training

For more information:

650-508-6362

ambassador@samtrans.com

Internal Use Only

_____ Form rec'd _____ Date Reviewed _____ Obtained Add'l info / Clarification from Trainee

_____ Consent/Authorization Form rec'd _____ Date & Ambassador assigned

_____ Referral to Specialized Training Agency _____

Date/Time/Location for 1st Training _____

Date/Time/Location for Add'l Training _____

San Mateo County **TRANSIT DISTRICT**



Public Transit Travel Training

(Requestor to keep this copy as reference)

Once your **Travel Training Request Form** and **consent form** (please complete and sign both sides) are both received, information will be reviewed by the program coordinator. If public transit training is deemed appropriate for you, a trained Mobility Ambassador volunteer will be assigned and will contact you to schedule a 1-on-1 consultation.

You and the Mobility Ambassador Volunteer will agree upon a date and time to meet for the consultation. All consultations will be held at a public location such as a senior center. Field training will be scheduled if needed or requested.

If upon review of your information it is determined that specialized travel training is more appropriate for you, you will be referred to one of our specialized training partners, who will then contact you regarding next steps in scheduling training.

Travel Training will help you learn *how to*:

- ...use different tools to plan a trip using public transit.
- ...read and understand route maps and schedules.
- ...recognize bus/train numbers, stops, and landmarks.
- ...purchase passes, pay fares, or apply/use a Clipper Card.
- ...get on and off the bus/train safely, with or without a mobility device.
- ...connect to other buses, train, or another transit system outside of San Mateo County.
- ...get service information, and ...travel independently and confidently riding the public transit system.

San Mateo County Transit District

1250 San Carlos Avenue

San Carlos, CA 94070

Attention:

Accessible Services, 3rd Floor – Travel Training

For more information:

Call: 650-508-6362

Email: ambassador@samtrans.com